

KARIONG UNITED FC COUGARS CUP

Under 12 & 13 Sunday 28th June 2025

RULES AND REGULATIONS

The Tournament will be conducted as a 9 a side round robin based on the U10/U11 small sided games format, with teams divided into pools. 2 x U12 Pools and 2 x U13 Pools.

- 1) All Players must be registered with CCF or their particular Association, in the U12 and U13 aged groups and / or be eligible to play in these age groups
- 2) ONLY CLUB TEAMS are allowed to enter the gala day
- 3) Teams will be allowed a maximum of 16 players with only 9 players on the field including a goalkeeper
- 4) Games will be played using the U10/11 rules with the addition of The Offside law.
- 5) The Interchange of players will follow the laws of the game
 - a. Notify referee
 - b. Player being replaced must leave the field first before substitutes can enter the field of play
 - c. All substitutions must be made at the halfway line
 - d. There must not be more than 9 players on the field at one time whilst play is in motion
- 6) All Referee's decisions are FINAL. Players, coaches, managers and supporters who bring the game into disrepute, use foul or abusive language or aggressive violent behaviour will be expelled from the Gala Day by the Official Committee. All Codes of Conduct must be adhered to by everyone involved in your team. Players, coaches, managers and supporters will come under the same rulings as normal competition games with referees having the right to Yellow and/or Red card those who do not abide by the rules of the game and the Code of Conduct.
- 7) A central timing system will be used, all games will start when the hooter sounds. All teams must be ready for kick off. The team who is on the draw first for that game will kick off. There is no additional time for injuries or substitutions
- 8) All clubs will need to be playing in their correct strip, bring an alternate strip or bibs in case of a clash with another team, the team that is first on the draw will wear the alternate strip. All players must wear appropriate attire to play, shin pads are compulsory, no jewelry is to be worn.
- 9) Visiting clubs will not be permitted to hold their own fund raising or BBQ activities in and around Kariong Oval Sporting Precinct. The Gala Day is an Alcohol Free Zone and no glass is to be brought to the oval. There is to be no smoking in or around the playing fields, canteen and youth centre
- 10) The Kariong United FC Cougar Cup Gala Day has been sanctioned by CCF and Football NSW

11) Kariong United FC trusts that all clubs competing will follow the guidelines and policies in the best interest of the sport and trust teams will have a great experience regardless of the outcome

Round Robin Games **2 x 8 Minute Halves, 1 Minute half time break**

The format is based on teams playing in pools of 6 teams, with each team playing each other once. The team first in the draw will kick off. When the half time hooter sounds both teams will change ends and continue the game when the hooter sounds. The format can be altered at the discretion of the Gala Day committee depending on how many teams have nominated for the tournament

Point scores for each game are as follows

3 Points for a win

2 Points for a score draw

1 Point for a scoreless draw

0 points for a loss

3 Points for win by forfeit, (Score recorded as 2-0)

If a team withdraws from the round robin games after already playing games, their previous opponents will have their scores adjusted so they receive points for a forfeit and a 2-0 score line.

The top three teams in each pool will play in the finals. If there is more than one with the same points at the end of the round robin then the team with the better goal difference will determine where teams finish on the table. If teams are equal on goal difference then the team with the most goals will progress. At this point if this is still equal then the team who scored the most goals will qualify. At this point if this is still equal then the team who had the least number of drawn games will progress. If still equal then a toss of a coin will decide the team to progress.

Semi-Finals and Finals **2 x 13 Minute Halves, 2 Minute half time break**

The semi-finals and finals will be played in the following format:

In each pool the team who finishes on top will automatically proceed to the final with the teams who finished 2nd and 3rd to play a semi-final to advance to the final.

Each pool will have a finals series to determine the Cougar Cup winner.

Rules and Regulations for the Semi-Finals and Finals

The team that finishes highest on the table shall kick off. If at the end of normal playing time the teams are equal on goals, one period of (6) minutes of extra time will be played with the **Golden Goal** rule to apply.

If it is a drawn game after extra time the winner will be determined on the following basis

- a) the team who conceded the least number of corners in that game; if equal then
- b) the team that finished highest on the ladder (refer to Semi-Final qualification rules); if equal then
- c) penalty shootout (sudden death in pairs)

Rules for all games will be played in accordance with the Football Australia MiniRoos format and are as follows:

- Approximately half size playing fields
- Corner Kicks
- Indirect Free Kicks
- Penalty Kicks
- The offside rule has been added
- Goal Kicks to be taken anywhere inside the penalty area

Referees will be issuing yellow and red cards for foul play, misconduct, abusive language etc, that come under the normal Laws of the Game.

Please instruct all your team, including supporters so we can prevent this from happening.

WASHOUTS

In the event of the Gala Day being cancelled due to inclement weather a news item will be posted on the Kariong United FC Website, Facebook and Instagram pages from 6:00am that morning. Go to www.kariongunited.com.au for all information. Please advise all your parents to check this site at 6:00am.

For any inquiries relating to The Cougar Cup Gala Day, please contact our Gala Day Co-Ordinator Lucinda Luong via email at galaday@kariongunited.com.au

Kariong United FC thanks all clubs and their supporters for your attendance and support of our Gala Day and we hope you all have had a wonderful day and great experience

Please be advised that this document is subject to change at the discretion of the Gala Day Organising Committee and any changes will be advised on the day if required.

We thank you for your co-operation