



## Central Coast Unity Bank Women's League: Round 16 Review

### Summary:

Round sixteen of the Central Coast Unity Bank Women's League played out over the weekend with Southern taking another step towards the league championship with a 3-0 win over Terrigal United. East Gosford continued to inch closer to a semi-final position after defeating Kincumber whilst Kanwal returned to form with an emphatic victory over fellow contenders Umina. After moving into second position last weekend Gosford City dropped points to Woongarra as they returned to third position whilst Toukley picked up their fourth win of the season, defeating Kariong United 3-0.

### Round Sixteen Results:

<b>Kariong United FC</b>	0	3	<b>Toukley FC</b>
<b>Kincumber Roos FC</b>	0	2	<b>East Gosford FC</b>
<b>Umina United SC</b>	1	4	<b>Kanwal FC</b>
<b>Gosford City FC</b>	1	1	<b>Woongarra FC</b>
<b>Terrigal United FC</b>	0	3	<b>Southern and Ettalong United FC</b>

### Kariong United FC 0 vs 3 Toukley FC:

Goals: Aimee Cogger (TOU), Gemma Clegg (TOU), Marley Harrison (TOU).

Tenth placed Kariong United hosted eighth placed Toukley at Kariong Oval as they looked to finish what has been a disappointing season on a positive note. Similarly to Kariong, Toukley have also found themselves eliminated from a potential finals position as they look to finish the 2019 season on a high.

The Gunners looked to replicate the 7-0 victory they achieved when they hosted Kariong back in round seven, their first of three wins so far this season. Sunday's match saw fewer goals than the previous encounter, however Toukley still ran out winners after managing three goals as they went on to record their fourth win of the season. The three points lifted the Gunners into seventh position on eighteen points as they look to close out the season on a positive note with matches against Umina and Woongarra. Kariong, meanwhile, will try to ensure they don't finish the season without a competition point in their remaining two matches with Woongarra and Gosford City.

Toukley return home for their match with Umina at Harry Moore Oval on Sunday afternoon, whilst Kariong travel to Hamlyn Terrace for their match with Woongarra.

### **Kincumber Roos FC 0 vs 2 East Gosford FC:**

Goals: Kelly Hogan (EGO), Naomi Abbott (EGO).

Desperate to keep their slim finals hopes alive the East Gosford Rams travelled to Frost Reserve to face the seventh placed 'roos knowing a win was needed to remain in touching distance of a finals position. A 3-0 win the last time the sides met coupled with back-to-back wins saw Kincumber come into Sunday's match full of confidence, leading to an extremely competitive opening 45 minutes. An end-to-end first-half saw both sides produce quality goal-scoring opportunities, with Kincumber 'keeper Ella Henderson forced to make a number of crucial saves to ensure the sides remained level at the break.

The second period played out much like the first as both sides pushed hard to find the opening goal of the match, however neither could find the net as it began to look more and more likely that the match was going to end in a pulsating 0-0 draw. In the 80<sup>th</sup> minute, however, Naomi Abbott pressured the Kincumber defence into the concession of a corner, of which she delivered perfectly to find Kelly Hogan who directed a powerful header into the 'roos goal to open the scoring with her 15<sup>th</sup> goal of the season. The goal triggered a frenetic final 10 minutes as Kincumber went in search of an equaliser, ultimately unsuccessfully, with the Rams landing another blow late in the second half as both Abbott and Hogan combined for a second time, with Hogan turning provider on this occasion as she dished up a defence splitting pass to find the on-rushing Abbott who finished the one-on-one opportunity easily.

East Gosford coach Matt Tranmer was pleased with his sides performance as they continue to chase a finals position, adding: 'Three wins in a row for the first time this year and a resilient and focussed performance all round keeps that pressure on Umina and Terrigal for that fourth place and finals football. The Rams dug deep today and showed maturity and patience to open up the Kincumber defence. Really proud of the whole squad at present, we are a squad with a desire to improve and compete with the top teams'.

East Gosford return home this weekend for the start of a two-week period that could make or break their season. They face Terrigal United at Hylton Moore on Sunday afternoon before travelling to Umina for what shapes as a huge clash in reference to the finals positions on the last day of the season. Kincumber finish the season with two away trips, the first this weekend at second placed Kanwal before travelling to James Browne Oval on the last day of the season to face the competition leaders Southern and Ettalong United.

### **Umina United SC 1 vs 4 Kanwal FC:**

Goals: Sarah Jones (UMI), Molly Couch x2 (KAN), Hayley Ballard (KAN), Maddi Dunlop (KAN).

In the biggest match of the Central Coast Unity Bank Women's League round 16 fixture list, Umina United hosted an out of form Kanwal side knowing they could leapfrog them on the table with a victory. Back-to-back losses had seen the visitors relinquish top spot on the competition table. Couple that with the positive results of the sides around them and the Bulls ran the risk of possibly falling out of the top four by the end of the season if they couldn't manage to resurrect the form that had them as the team to beat for most of the year to date. This was a sentiment obviously shared by the side, who flew out of the blocks

as they managed two early goals, both from Molly Couch to make the perfect start to the match. The first goal came courtesy of a Jess Bell shot that cannoned off the cross-bar before falling to Couch for an easy finish, before a strike from the edge of the penalty area saw Kanwal into a 2-0 lead.

Mid-way through the first-half the visitors added a third after prolific forwards Hayley Green and Hayley Ballard combined, with Green playing in Ballard who finished from an acute angle to extend their lead. Despite a number of late chances Kanwal couldn't manage to add to their three first half-goals, heading into half-time with a commanding 3-0 lead.

Needing a response, Umina emerged for the second period with much more intent as they piled pressure onto the Kanwal side. Sarah Jones found a goal for the hosts early in the second half after her shot from distance found the net to give her side hope that they could mount the unlikeliest of comebacks, however try as they might Umina couldn't breakthrough for a second goal. Kanwal's Maddi Dunlop then sealed the victory with what was the last kick of the game to ensure her side ran out 4-1 winners and returned to second place on the Central Coast Unity Bank Women's League table.

Kanwal host Kincumber at Wadalba this weekend as they look to wrap up a top-two finish, whilst Umina travel north to face Toukley at Harry Moore Oval.

#### **Gosford City FC 1 vs 1 Woongarrah FC:**

Goals: Lucy Metcalfe (GOS), Angela Cabarrus (WGA).

Fresh from up-setting a legitimate finals contender in Umina, Woongarrah travelled to Gavenlock Oval to face another competition heavyweight in Gosford City as they look to move out of the competitions bottom two. Gosford City entered Sundays match as one of the competitions in-form sides after stringing together four successive victories, including a 5-0 battering of Kanwal.

The last time the two sides met Gosford City managed a narrow 2-1 victory, however they were unable to repeat that effort this time around as they were held to a 1-1 draw by a Woongarrah side that have made a habit of taking points off the competition favourites so far this campaign. Top-scorer Emma Hurley couldn't find the net, instead Angela Cabarrus found the visitors only goal of the match with her second of the campaign, securing the 'Cats a crucial point that moved them within one point of eighth placed Kincumber.

Woongarrah look ahead to a fairly kind final two matches of the season, facing Kariong this weekend at Hamlyn Terrace before making the short trip to Harry Moore Oval to face Toukley next weekend. Gosford City face a tougher final two matches of the season, travelling to competition leaders Southern and Ettalong United this weekend before hosting Kariong United in the final match of the 2019 season.

### **Terrigal United FC 0 vs 3 Southern and Ettalong United FC:**

Goals: Alana Currie x2 (SEU), Tatum Ansiewicz (SEU).

Unbeaten in thirteen matches heading into Sunday's clash with Terrigal, Southern looked to take another step towards the Central Coast Unity Bank Women's League championship when they travelled to Duffy's Oval. However, needing a win to keep any realistic chance of a finals berth alive, the hosts started the match well, shifting the ball forward with intent as they looked to pose questions of a Southern side who've been far and away the best defensive side this campaign, conceding just thirteen goals in fifteen matches.

Complimenting their defensive discipline, the Lionesses also boast one of the competitions most potent attacks, managing 47 goals so far this campaign, a number that became 48 after Tatum Ansiewicz opened the scoring in the 17<sup>th</sup> minute, pouncing on a cross at the back post. The visitors created a number of chances throughout the remaining minutes of an entertaining first-half but were unable to extend their 1-0 lead.

The visitors returned from the half-time break determined to extend their lead and they only had to wait seven minutes before Alana Currie found their second goal after she found space in behind the Terrigal defensive line. Buoyed from what was her sixth goal of the season, Currie grabbed her second of the match and seventh of the season barley three minutes later in a goal strikingly similar to the first. Similarly to the first half, Southern created numerous opportunities over the final half an hour of Sunday afternoon's contest however couldn't add to their tally, running out resounding 3-0 winners as they turn their focus to this weekend's clash with Gosford City where they'll have the opportunity to secure the league championship with a victory. Terrigal, meanwhile, find themselves needing to make up a five-point gap between themselves and fourth place over the last two weeks of the season if they're to appear in the 2019 finals series. They face East Gosford at Hylton Moore on Sunday afternoon.

### **Round Seventeen Fixtures:**

Sun 11/8 2:30pm	<b>Woongarrah FC</b>	<b>Kariong United FC</b>	Hamlyn Terrace
Sun 11/8 2:30pm	<b>East Gosford FC</b>	<b>Terrigal United FC</b>	Hylton Moore Oval
Sun 11/8 3:00pm	<b>Toukley FC</b>	<b>Umina United SC</b>	Harry Moore Oval
Sun 11/8 3:00pm	<b>Southern and Ettalong United FC</b>	<b>Gosford City FC</b>	James Browne Oval
Sun 11/8 3:00pm	<b>Kanwal FC</b>	<b>Kincumber Roos FC</b>	Wadalba Sports Complex

Central Coast Unity Bank Women's League First Grade Ladder:



# CENTRAL COAST FOOTBALL

## Central Coast Unity Bank Women's League

	<b>Club</b>	<b>GP</b>	<b>W</b>	<b>D</b>	<b>L</b>	<b>GD</b>	<b>PTS</b>
<b>1</b>	<b>- Southern &amp; Ett FC</b>	<b>16</b>	<b>12</b>	<b>3</b>	<b>1</b>	<b>+37</b>	<b>39</b>
<b>2</b>	<b>↑ Kanwal Rovers FC</b>	<b>16</b>	<b>10</b>	<b>3</b>	<b>3</b>	<b>+20</b>	<b>33</b>
<b>3</b>	<b>↓ Gosford City FC</b>	<b>16</b>	<b>10</b>	<b>1</b>	<b>5</b>	<b>+23</b>	<b>31</b>
<b>4</b>	<b>- Umina United SC</b>	<b>16</b>	<b>9</b>	<b>1</b>	<b>6</b>	<b>+15</b>	<b>28</b>
<b>5</b>	<b>↑ East Gosford FC</b>	<b>16</b>	<b>8</b>	<b>2</b>	<b>6</b>	<b>+4</b>	<b>26</b>
<b>6</b>	<b>↓ Terrigal United FC</b>	<b>16</b>	<b>7</b>	<b>2</b>	<b>7</b>	<b>+4</b>	<b>23</b>
<b>7</b>	<b>↑ Toukley FC</b>	<b>16</b>	<b>4</b>	<b>6</b>	<b>6</b>	<b>+2</b>	<b>18</b>
<b>8</b>	<b>↓ Kincumber Roos FC</b>	<b>16</b>	<b>5</b>	<b>1</b>	<b>10</b>	<b>-2</b>	<b>16</b>
<b>9</b>	<b>- Woongarra FC</b>	<b>16</b>	<b>4</b>	<b>3</b>	<b>9</b>	<b>-6</b>	<b>15</b>
<b>10</b>	<b>- Kariong United FC</b>	<b>16</b>	<b>0</b>	<b>0</b>	<b>16</b>	<b>-97</b>	<b>0</b>




Golden Boot Standings:

Goals	Player
<b>18</b>	Tahlor Thackray (SEU).
<b>17</b>	Brittni Nicol (GOS).
<b>15</b>	Hayley Green (KAN), Kelly Hogan (EGO).
<b>13</b>	Kate Styles (UMI).
<b>12</b>	Hayley Ballard (KAN).
<b>10</b>	Kate Cheyne (TER), Emma Hurley (WGA).
<b>9</b>	Amber Mangan (UMI).
<b>8</b>	Jessica Dominello (GOS).
<b>7</b>	Michelle Brett (GOS), Jordyn Toms-Wedge (KIN), Emily Smith (KIN), Alana Currie (SEU).