



Women's Premier League Round 5 Review

Summary:

Round Five of the Women's Premier League was jam packed with both late drama and great individual performances as each of the top three sides picked up wins ensuring no changes at the top of the WPL ladder. A brace to Emily Smith helped Kincumber overcome Kariong, whilst East Gosford were victorious thanks to an 88th minute goal from Kelly Hogan in their match. Kanwal saw off last season's premiers Gosford City, whilst a double to Kate Styles helped Umina to a win over Terrigal United. Finally, a hat-trick to Tahlor Thackray saw Southern retain top spot on the WPL table, dispatching Toukley 4-1.

Round Five Results:

Kincumber Roos FC	3	1	Kariong United FC
East Gosford FC	2	1	Woongarra FC
Kanwal FC	3	2	Gosford City FC
Umina United SC	4	0	Terrigal United FC
Toukley FC	1	4	Southern & Ettalong United FC

Kincumber Roos FC 3 vs 1 Kariong United FC:

Goals: Emily Smith x2 (KIN), Sophie Piltz (KIN), Emily Trengrove (KAR).

Kincumber and Kariong met at Frost Reserve on Sunday afternoon with both looking to kick-start their season, sitting eight and tenth on the WPL table respectively. Kariong were still in search of their first victory of the campaign, whilst Kincumber had managed just the one so far, a 1-0 win over Gosford City FC last weekend. Kincumber came flying out of the blocks in this contest, managing three goals before half-time as they threatened to run away with the match. Emily Smith managed her second and third goals of the season, whilst Sophie Piltz netted her third of the campaign for the Roos. Kariong did manage to claw a goal back through Emily Trengrove early in the second half, keeping them within touching distance of a potential upset, however it wasn't to be as Kincumber held on for their second victory of the WPL season.

Kincumber will look to build on their back-to-back victories when they head to Duffy's Oval to face 5th placed Terrigal United in what is expected to be a cracking clash, with both sides level on seven competition points. Kariong face a trip to James Browne Oval to face top of the table Southern and Ettalong United in what is sure to be another tough test for the Cougars.

East Gosford FC 2 vs 1 Woongarra FC:

Goals: Kim Meyer (EGO), Kelly Hogan (EGO), Emma Hurley (WGA).

East Gosford welcomed Woongarra to Hylton Moore on Sunday afternoon as they looked to get back to winning ways, following two matches without a win. The Rams have struggled for goals of late, held scoreless in their two matches since their emphatic victory over Kariong in round two. Woongarra headed into the match on the back of an upturn in form, collecting four points from their last two matches. East Gosford made all the early running in the match-up, thwarted time after time by Wildcats custodian Rochelle Davis, however the Rams were to be presented with the opportunity to take the lead from the penalty spot after a handball, with WPL top-scorer Kelly Hogan stepping up for what would be her 9th of the campaign. However, her strike went straight down the middle of the goal allowing Davis to save and ensure the sides headed to the break at 0-0.

The second half started much like the first, with East Gosford looking the more threatening of the sides, and they were to receive a second spot kick early in the second period after striker Hogan was bundled over in the penalty area. After her earlier miss, Hogan handed the ball off to team-mate Kim Meyers who dispatched the penalty emphatically into the bottom right hand corner to give the Rams a 1-0 lead. This sparked the 'Cats side into life as they began to dominate the ball and the chances, finding the breakthrough as Emma Hurley found the net for her second of the season. It was a deserved goal for Woongarra after they fought hard to get back into the contest, and they were to spend the last 10 minutes camped in their own half as they desperately tried to hang on for what would be a valuable point. However, they were to ultimately fall agonisingly short, as Rams striker Kelly Hogan picked up the ball on the edge of the Woongarra penalty area, beat two Wildcats defenders and produced a well taken left-footed finish to gift the Rams the three points in the 88th minute.

East Gosford's stand in manager Matt Tranmer added: 'Super match by both teams, but the Rams deserved the win to keep them in touch at the top of the table'.

East Gosford face a trip to Kanwal next weekend in what shapes as the Match of the Round, whilst Woongarra will look to bounce back as they head to Umina Oval to face 4th placed Umina United.

Kanwal FC 3 vs 2 Gosford City FC:

Goals: Hayley Green x2 (KAN), Jennifer Tatum (KAN), Brittini Nicol (GOS), Grace Bryant (GOS).

Kanwal faced off with last season's premiers Gosford City on Sunday afternoon looking to keep their undefeated start to the WPL campaign alive. The Bulls had managed two wins and two draws from their opening four matches, sitting second on the competition table. Gosford, on the other hand, have struggled to keep up the form that saw them take out the title last season, managing two wins and two losses from their opening four matches. However, they were to be the first side to find the net in the round five clash, scoring early on after a dominant start to the match. Kanwal did eventually find their feet in the clash

after a slow start with Hayley Green bringing them back level before Jennifer Tatum struck a powerful free-kick to send them into the break 2-1 up.

Kanwal picked up where they left off in the second period as Hayley Green scored a brilliant header supplied by a quality cross from Michelle Bertucci. The goal took Green's tally to six for the season from five matches and saw Kanwal into a 3-1 lead. Gosford City did manage to pull another goal back from the penalty spot however struggled to break down the Kanwal defensive setup as the game finished 3-2.

The win ensured Kanwal remain in 2nd position on the WPL ladder as they head into next weekend's blockbuster clash with East Gosford at Wadalba Sports Complex. Gosford City will look to bounce back as they welcome Toukley to Gavenlock Oval.

Umina United SC 4 vs 0 Terrigal United FC:

Goals: Kate Styles x2 (UMI), Abbie Dickson (UMI), Alison Howell (UMI).

Umina United and Terrigal United faced off at Umina Oval on Sunday afternoon after differing results from their round four fixtures. Umina suffered a 1-0 defeat to competition leaders Southern and Ettalong United whilst Terrigal United thrashed Kariong 8-0. Terrigal started the match brightly as they posed some serious questions to the Umina defensive line, however they answered well, reducing Terrigal United to half chances throughout the opening 20 minutes of the match. After absorbing significant early pressure from the Terrigal side Umina managed to score three quick fire goals to see them head to the sheds with a three-goal advantage.

It was a clinical display from the Umina outfit, and they pressed on in the second half adding one more to the tally to see them out to a 4-0 lead. Despite conceding four goals, Terrigal goalkeeper Phoebe Rudd was singled out for praise after an outstanding performance in goal saw her thwart a number of one-on-one opportunities that would have seen the score line blowout in Umina's favour.

Kate Styles managed a brace for Umina to take her season tally to five, to which coach Steven Donaldson added: 'The major difference between the sides was that Terrigal we're unable to keep up with the pace up front, in particular Kate Styles who is back in form'. Abbie Dickson and Alison Howell managed the other two goals in what turned out to be a successful afternoon for the Umina side. Umina face Woongarra next up, whilst Terrigal welcome Kincumber to Duffy's Oval.

Toukley FC 1 vs 4 Southern and Ettalong United FC:

Goals: Erica Laverty (TOU), Tahlor Thackray x3 (SEU), Elaine Delaney (SEU).

Toukley welcomed league leaders Southern and Ettalong United to Harry Moore Oval on Sunday afternoon as they looked to pick up their first victory of the new campaign. After four draws to start the season Toukley headed into the match as one of only two undefeated sides in the WPL, whilst Southern and Ettalong United headed into the match after back-to-back wins. It was a frantic start to the match, with some good football played by both sides, however neither could find the quality required to break through for the

opening goal. The frantic nature and overall physicality of the match appeared to take its toll on some players as the first half wore on, and an accidental hand-ball in the Southern penalty area gifted Toukley with the opportunity to take the lead, however Lions 'keeper Bec Arnfield produced a brilliant full length save to deny the spot kick and see the teams head to the sheds locked at 0-0.

The penalty save at the end of the first half had obviously sparked the Southern side into life, and they came out for the second half with the bit between their teeth. First, top-scorer Tahlor Thackray managed to latch onto a cross to give the Lions the lead, before she then dispatched two penalties to complete her hat-trick and send her into outright second on the WPL Golden Boot standings with eight for the season. Elaine Delaney then completed the Lions scoring, chipping the on-rushing Toukley keeper to see her side into a 4-0 lead. Toukley did manage to pull a goal back late in the contest with Erica Laverty grabbing a goal from a corner.

The win sees Southern remain at the top of the Womens Premier League standings, with a match at home to Kariong United coming up this weekend for the Lions. Toukley face a trip to Gosford City on Sunday afternoon, with the sides facing off at Gavenlock Oval.

Round Six Fixtures:

Sun 19/5 2:30pm	Gosford City FC	Toukley FC	Gavenlock Oval
Sun 19/5 2:30pm	Kanwal FC	East Gosford FC	Wadalba Sports Complex
Sun 19/5 2:30pm	Terrigal United FC	Kincumber Roos FC	Duffys Oval
Sun 19/5 2:30pm	Southern & Ettalong United FC	Kariong United FC	James Browne Oval
Sun 19/5 2:30pm	Umina United SC	Woongarra FC	Umina Oval

WPL First Grade Ladder



CENTRAL COAST FOOTBALL
Womens Premier League

<i>Club</i>	<i>GP</i>	<i>W</i>	<i>D</i>	<i>L</i>	<i>GD</i>	<i>PTS</i>
1 - Southern & Ett FC	5	4	0	1	+5	12
2 - Kanwal Rovers FC	5	3	2	0	+8	11
3 - East Gosford FC	5	3	1	1	+7	10
4 ▲ Umina United SC	5	3	0	2	+10	9
5 ▼ Terrigal United FC	5	2	1	2	+1	7
6 ▲ Kincumber Roos FC	5	2	1	2	0	7
7 ▼ Gosford City FC	5	2	0	3	+4	6
8 ▼ Toukley FC	5	0	4	1	-3	4
9 - Woongarra FC	5	1	1	3	-3	4
10 - Kariong United FC	5	0	0	5	-29	0



FOOTBALL NSW

WPL Top Goal Scorers:

Goals	Player
9	Kelly Hogan (EGO).
8	Tahlor Thackray (SEU).
7	Brittini Nicol (GOS).
6	Hayley Green (KAN).
5	Michelle Brett (GOS), Kate Cheyne (TER), Kate Styles (UMI).
4	Kayla Vanderfield (TER).
3	Michelle Bertucci (KAN), Hayley Fulwood (UMI), Emily Smith (KIN), Sophie Piltz (KIN), Abbie Dickson (UMI).
2	Brooke Samuel (TOU), Sabrina Zappavigna (UMI), Jessica Dominello (GOS), Hayley Ballard (KAN), Emma Hurley (WGA), Erica Laverty (TOU).
1	Larissa Bundy (KAN), Clare Ashby (KAR), Kim Meyer (EGO), Sheri Moody (EGO), Sophie Holliday (EGO), Michelle Perks (EGO), Ella Girling (EGO), Hannah Vincent (TOU), Gemma Clegg (TOU), Megan Tully (KIN), Elly Bibby (TER), Emma Power (TER), Abbey Muspratt (GOS), Danielle Harris (UMI), Nyah Small (WGA), Angela Cabarrus (WGA), Alana Currie (SEU), Indiana Moyes (TER), Tiegan Kavanagh (TER), Karen Doutty (TER), Emily Trengrove (KAR), Kim Meyer (EGO), Jennifer Tatum (KAN), Alison Howell (UMI), Elaine Delaney (SEU), Grace Bryant (GOS).